

Pittsfield Rye Bakery & Specialty Breads Co.  
Thaw & Serve

**Tuscan Italian Bread**

<b>Nutrition Facts</b>			
Serving Size 2 oz			
<b>Amount Per Serving</b>			
<b>Calories</b> 140	<b>Calories From Fat</b> 0		
		% Daily Value*	
<b>Total Fat</b> 0g			<b>1%</b>
Saturated Fat 0g			<b>0%</b>
Trans Fat 0g			
<b>Cholesterol</b> 0mg			<b>0%</b>
<b>Sodium</b> 200mg			<b>8%</b>
<b>Total Carbohydrate</b> 29g			<b>10%</b>
Dietary Fiber 1g			<b>5%</b>
Sugars <1g			
<b>Protein</b> 5g			
<b>Vitamin A</b> 0%	•	<b>Vitamin C</b> 0%	
<b>Calcium</b> 0%	•	<b>Iron</b> 0%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
<b>Total Fat</b>	Less than	65g	80g
<b>Sat Fat</b>	Less than	20g	25g
<b>Cholesterol</b>	Less than	300mg	300mg
<b>Sodium</b>	Less than	2,400mg	2,400mg
<b>Total Carbohydrate</b>		300g	375g
<b>Dietary Fiber</b>		25g	30g