

Pittsfield Rye & Specialty Bread Co.

Kalamata olive & rosemary bread

Flour-Unbleached, Unbromated Flour-Wheat Flour, Enriched (Wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate,) Filtered water, Kalamata olives, yeast, salt, olive oil, malt, guar gum, datam, natural sour dough flavor, soy oil, rosemary, artificial flavor, ascorbic acid, enzymes, azodicarbonamide, l-cysteine,

Nutrition Facts	
Serving Size 2 oz	
Amount Per Serving	
Calories 150	Calories From Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	12%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	1%
Sugars 0g	
Protein 3g	
Vitamin A 6%	• Vitamin C 6%
Calcium 0%	• Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g